

Man Eating Bugs

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Man Eating Bugs: The Art and Science of Eating Insects is a non-fiction book by Peter Menzel and Faith D'Alusio.

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Book summary

The authors traveled to 13 countries to taste insects. The book talks about eating insects and how to harvest them. The insects in the book include *Theraphosa blondi* (a bird-eating tarantula), jumil stinkbugs, witchetty grub, and silkworms. Faith recommends that people who are new to insect eating start with insects that crisp up well when roasted and avoiding things like worms, which are too chewy, or cicadas, which are too fleshy and tough.^[1]

Reception

It was reviewed by Whole Earth,^[2] New Scientist,^[3] and Salt Lake Tribune.^[4]

See also

- Entomophagy
- The Eat-A-Bug Cookbook*

References

- Austin Chronicle (<http://www.austinchronicle.com/gyrobase/Issue/story?oid=oid%3A521699>)
- Whole Earth (<http://www.highbeam.com/doc/1G1-19777385.html>)
- New Scientist (<http://www.newscientist.com/article/mg16121795.700-yum-yum-yum.html>)
- Salt Lake Tribune (http://nl.newsbank.com/nl-search/we/Archives?p_product=SLTB&p_theme=sltb&p_action=search&p_maxdocs=200&p_topdoc=1&p_text_direct-0=100F2B9F897949B2&p_field_direct-0=document_id&p_perpage=10&p_sort=YMD)

External links

- The Independent (<http://www.independent.co.uk/life-style/eating-insects-tickle-your-taste-buds-1070582.html>)
- Book review - Man Eating Bugs (<http://opengrowd.com/book/book-review-man-eating-bug-art-and-science-eating-insects>)

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Categories: 1998 books | Books about food and drink | Insects as food | Food and drink publication stubs

Man Eating Bugs



Author	Peter Menzel and Faith D'Alusio
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Man Eating Bugs: The Art and Science of Eating Insects is a non-fiction book by Peter Menzel and Faith D'Alusio. Contents. 1 Book summary. Book summary. The authors traveled to 13 countries to taste insects. The book talks about eating insects and how to harvest them. The insects in the book include Theraphosa blondi (a bird-eating tarantula), jumil stinkbugs, witchetty grub, and silkworms. They are also the co-authors of Man Eating Bugs and Robo sapiens: Evolution of a New Species. They live in Napa, California, and are the parents of Josh, Jack, Adam, and Evan. PETER MENZEL and FAITH D'ALUISIO are the co-creators of the books Material World: A Global Family Portrait and Women in the Material World. In general Peter Menzel and Faith D'Aluisio have written a book in "Man Eating Bugs: The Art and Science of Eating Insects" that is largely color photos. But what photos!

Man Eating Bugs: The Art and Science of Eating Insects is a non-fiction book by Peter Menzel and Faith D'Alusio. Peter Menzel "Peter Menzel at the opening of his exhibition Hungry Planet, Photographymuseum The Hague. Contents. 1 Book summary. 2 Reception. 3 See also. 4 References. Man Eating Bugs is in part global anthropological study and the Peter Menzel is a well-known scientist/author who has since written several other books on this topic (no, he didn't die from what he ate). Ingredients that seem odd to us in Western cultures, are commonly found in markets. These can include hard-shelled black beetles, pink silkworm pupae, ghost moth larvae, water beetles, stinkbugs, sago grubs, dragonflies, crickets, tarantulas, termites, and much more. Intentionally eating bugs triggers many responses. I say, "intentionally" because if you eat, you eat bugs or parts of bugs whether or not you want to admit it (there are FDA guidelines for amount of bug parts allowed in foods). Most Americans find the idea of eating bugs revolting. In other countries they are considered delicacies. Why Eat Bugs? Short answer: Some activist-entomophagists claim eating bugs will help save Earth's environment by reducing greenhouse gases, and bug-eating could solve world starvation.