

“Look Up”

By Gary Turk

Name: _____

Date: _____

I have 422 friends, yet I am lonely.
I speak to all of them every day, yet none of them really know me.
This media we call social is anything but,
when we open our computers, and it's our doors we shut.

All this technology we have is just an illusion.
Community, companionship, a sense of inclusion,
Yet when you step away from this device of delusion,
You awaken to see a world of confusion.

We're at our most happy with an experience we share,
But is it the same if no one is there?
Be there for your friends and they'll be there too,
But no one will be if a group message will do.

Being alone isn't the problem let me just emphasize,
If you read a book, paint a picture, or do some exercise,
You're being productive and present not reserved and recluse,
You're being awake and attentive and putting your time to good use.
So when you're in public and you start to feel alone,
Put your hands behind your head, step away from the phone.
You don't need to stare at your menu or at your contact list,
Just talk to one another, learn to co-exist.

We're surrounded by children, who since they were born,
Have watched us living like robots and thinking it's the norm.
It's not very likely you'll make world's greatest dad,
If you can't entertain a child without using an iPad.

When I was a child, I'd never be home,
I'd be out with my friends, on our bikes we'd roam.
Now the park is so quiet it gives me a chill,
See no children outside and the swings hanging still.
There's no skipping, no hopscotch, no church, and no steeple,
We're a generation of idiots, smart phones and dumb people.

Don't waste your life getting caught in the net,
because when the end comes, nothing's worse than regret.
I am guilty too of being part of this machine,
this digital world where we are heard but not seen.
Where we type as we talk and read as we chat,
where we spend hours together without making eye-contact.
So don't give in to a life where you follow the hype,
Give people your love, don't give them your “like”.
Disconnect from the need to be heard and defined,
Go out into the world, leave distractions behind.

So look up from your phone, shut down the display,
Take in your surroundings, make the most of today.
Just one real connection is all it can take,
To show you the difference that being there can make.

As "look up" is written next to the look-up-box. 2) Something you did a few seconds ago, of course after giving this definition a thumb up. antonym: look down. Verb: 1) Something you look up in Urban Dictionary when your uncreative brain isn't able to figure out a better definition to look up. As "look up" is written next to the look-up-box. 2) Something you did a few seconds ago, of course after giving this definition a thumb up. antonym: look down. "I just looked up the term "look up". Definition of look up in the Idioms Dictionary. look up phrase. What does look up expression mean? Definitions by the largest Idiom Dictionary. look up. 1. To turn one's gaze or attention from something else, often by literally lifting one's head or turning one's eyes upward. Can you please look up from that book for a second? I'm trying to talk to you! Kids these days barely ever look up from their phones. 2. To perform a search for some particular information, as on a search engine, in a book, etc.