

## CURRICULUM VITAE

### Fereshteh "Ferre" Akbarpour, M.D. Adjunct Clinical Research Associate Professor

#### Personal Data

**Birthplace** Tehran, Iran

**Country of Citizenship** USA

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Huntington Beach, CA  
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#### Education and Post Graduate

**Board Certified Physician** 1999 American Board of Anti-Aging Medicine

**Fellowship** American College of International Physicians

**Residency** 1985-1986 Long Beach Veterans Administration Hospital  
Internal Medicine and Psychiatry

**Research Program** University of California at Irvine Nephrology  
1982-1983 Dept

**Permanent ECFMG License** 1981

**Flex Licensing Exam** 1981

**Internship** 1978 Pahlavi University School of Medicine  
Doctor of Medicine

**Externship** 1976-1977 University of California at Irvine Medical School

**Medical School** 1968-1978 Pahlavi University - Shiraz, Iran  
College of Arts & Sciences

#### Employment History Appointments

**C.E.O & Chief Medical Officer** 2001-Present Orange County Immune Institute  
Huntington Beach, California

**Honorary Chairman** 2002-Present NRCC Physicians' Advisory Board

<b>Academic Faculty and Board of Directors Full Professor of Medicine</b>	<b>2002-Present</b>	<b>University of the World School of New Integrative Medicine Miami, Florida</b>
<b>Chief Medical Officer</b>	<b>2000-2001</b>	<b>Immune Institute Huntington Beach, California</b>
<b>Medical Director</b>	<b>1998-2002</b>	<b>Chronic Fatigue Immune Dysfunction Syndrome (CFIDS) Program Center for Special Immunology Fountain Valley, California</b>
<b>Clinical Position</b>	<b>1998-2002</b>	<b>Center for Special Immunology (CSI) Fountain Valley, California</b>
<b>Adjunct Clinical Research Associate Professor</b>	<b>2000-Present</b>	<b>The Institute for Molecular Medicine Huntington Beach, California</b>
<b>Director</b>	<b>1991-1999</b>	<b>Orange County Medical Institute Laboratory (CLIA-licensed Laboratory) Huntington Beach, California</b>
<b>Chief of Staff</b>	<b>1987-1991</b>	<b>Rushmore Medical Diagnostic Institute Huntington Beach, California</b>
<b>Co-Director</b>	<b>1988-1991</b>	<b>Rushmore Medical Diagnostic Institute (California State-licensed laboratory) Huntington Beach, California</b>

## Publications

**W. Lee Cow Den M.D.; Ferre Akbarpour, M.D.; Russ Di Carlo; Burton Goldberg. Longevity an Alternative Medicine Definitive Guide First printing of book: 2001**

**Darryl See, M.D.; Ferre Akbarpour, M.D. Anti-Aging: The Quest to End Old Age First printing of book: May 1999**

**Ferre Akbarpour, M.D. (Co-investigator) "A multi-center, double-blind, randomized, placebo-controlled study of the efficacy and safety of Poly LPoly C12 U (Ampligen) 400 mg IV twice weekly versus placebo in patients with severely debilitating chronic fatigue syndrome (CFS)/myalgic encephalomyelitis (ME)." Ongoing research.**

**Darryl See, M.D.; Kira Gurnee, N.D.; Malena LeClair, N.D."An In Viro "Screening Study of 196 Natural Products for Toxicity and Efficacy." Special acknowledgement to Ferre Akbarpour, M.D., Center for Special Immunology. Jana, Vol. 2, No. 1, Winter 1999.**

**M.V. Paul, M.D.; N.D.; Ferre Akbarpour, M.D.; M. Ali Afrasiabi, M.D.; and R. Friis, Ph.D."Effects of Rapid Weight Loss with Supplemental Fasting on Serum Electrolytes, Lipids, and Blood Pressure." Journal of the National Medical Association. Vol. 80, No. 1988.**

**N.D. Vaziri, M.D.; Q.G.H. Pham, M.D.; Ferre Akbarpour, M.D.; M. Ali Afrasiabi, M.D.; P. Paule, M.D.; S. Alikhani, M.D.; and J. Toohey, M.D."Blood Coagulation System in Obesity. " The Journal of Obesity and Weight Regulation. Vo1.7, No. 1, Spring 1988.**

**F. Akbarpour, M.D.; N.D. Vaziri, M.D.; and M. Ali Afrasiabi, M.D. "Severe Hyperkalemia Caused by Indomethacin and Potassium Supplementation in Bartter's**

**Syndrome." (A3338) Southern Medical Journal, March 29, 1984.**

**F. Akbarpour, M.D.; N.D. Vaziri, M.D.; and M. Ali Afrasiabi, M.D. "Effects of Ketogenic Diet on Hepatocellular Function." Publication submitted with UCIMC Department of Nephrology, March 1984.**

## **Presentations**

**Ferre Akbarpour, M.D. Hosting weekly medical talk shows on International Channel NTV.**

**Los Angeles, California**

**July 2001 to present**

**Ferre Akbarpour, M.D. Guest speaker with host speaker Dr. Mazaheri on his show on International Channel NTV.**

**Los Angeles, California**

**November 2001 to December 2001**

**Ferre Akbarpour, M.D. Guest speaker on, "Lung Cancer Management". Orange County Cancer & Education Research Foundation.**

**Huntington Beach, California**

**May 22, 2001**

**Ferre Akbarpour, M.D. Presentation of Neck and Head cancer treated with natural supplements and interviewed a patient. Cox Cable TV.**

**Orange County, California**

**Ferre Akbarpour, M.D. Radio host speaker on AM 1100 KFNX National Radio.**

**February 2000 to May 2001**

**Ferre Akbarpour, M.D. Guest speaker on, "New Integrative Medicine Treatments for Cancer and Chronic Illnesses.**

**Anaheim, California**

**November 11, 2000**

**Ferre Akbarpour, M.D. Faculty/Speaker; Sir Arnold Takemoto, President/CEO of Cancer Option.; Lecture to further discuss enhanced protocols for Advanced Immunological Diseases and Cancer utilizing Be TaC and immune modulating nutraceutical approaches.**

**7th Annual Principal Investigators Conference**

**Crystal City, Washington DC.**

**June 10, 2000**

**Ferre Akbarpour, M.D. Lecture on natural herbal treatments as alternative cancer therapy. Which resulted in the proposal for joint research on herbal treatments and Interferon Activated NK cell therapy (IFNANK) with the Louis Pasteur Center for Medical Research.**

**Kyoto, Japan.**

**April 8, 2000**

**Ferre Akbarpour, M.D. Lecture on Chronic Fatigue Syndrome treatment options, including an update on the latest research and discussion of alternative therapies. Fountain Valley Regional Hospital and Medical Center**

**Fountain Valley, California**

**December 8, 1999**

**Paul Cimoch, M.D.; Ferre Akbarpour, M.D... Half-hour television interview on the subject of Chronic Fatigue Immune Dysfunction Syndrome (CFIDS).**

**"Southland Today" television, Channel 56 KDOC**

**Orange County, California**

**October 1999**

**Ferre Akbarpour, M.D.; Karen Jones, MFCC; Ellyn Silverman, RD, MPH, CHEF.  
Discussion of a multi-disciplinary, holistic approach to Chronic Fatigue Immune  
Dysfunction Syndrome (CFIDS), focusing on the latest treatment modalities.  
Fountain Valley, California**

**October 29, 1998**

**M.A. Afrasiabi, M.D.; Ismael Mena, M.D.; Ferre Akbarpour, M.D. "Abnormal Brain  
Spect and Cognitive Defects in Silicone Implants." Published and presented by  
M.A. Afrasiabi, M.D., and Ferre Akbarpour, M.D., at the American Federation of  
Clinical Research Meeting.**

**San Diego, California**

**May 5, 1995**

**Conferences Attended**

**Bipolar Disorder**

**Irvine, California**

**December 2003**

**"City of Hope" Woman's cancer through the continuum of care from prevention  
to survivorship**

**Las Vegas, Nevada**

**November 14-16, 2003**

**Strengthening the Physician's Role: Fracture Prevention and Early Diagnosis of  
Postmenopausal Osteoporosis**

**University of California, Irvine College of Medicine, Irvine CA**

**October 29, 2003**

**Alzheimer's Prevention Foundation International**

**1st International conference on integrative medical approach to the prevention  
of Alzheimer's Disease.**

**Foundation for Care Management**

**City of Tempe, Arizona**

**October 10-12 2003**

**Dr. Chi's Fingernail and Tongue Diagnosis Seminar**

**Chi's Enterprise Inc., Anaheim, California**

**August 23-24, 2003**

**New Oxidative - Chelation and Cancer Therapies That Work**

**Phoenix, Arizona**

**April 2-6, 2003**

**Anti-Aging Conference and Exhibition**

**American Academy of Anti-Aging Medicine**

**Las Vegas, Nevada**

**December 2002**

**Hormonal Replacement Therapy, Genetics and Hereditary Cancers**

**Controversies in Cancer**

**Fountain Valley Regional Hospital**

**Fountain Valley, California**

**September 12, 2002**

**8th Annual Principal Investigators Conference**

**Florida Keys**

**2002**

**4th International Symposium Improving DNA Function-The Latest Research and  
Theories for Clinical Anti-Aging Theories**

**Costa Rica****August 23-24, 2002****American Academy of Anti-Aging Medicine****9th International Congress on Anti-Aging & Bio Medical Technologies****Las Vegas, Nevada****December 13-16, 2001****Center for Disease Control and Prevention (CDC)****Educational Activity Chronic Fatigue Syndrome - A Diagnostic & Management Challenge****Train the Trainer Workshop****Chicago, Illinois****August 11-12, 2001****Carcinogenesis & Cancer Prevention: Non-Melanoma & Melanoma Skin Cancer****UCI Chao Family Comprehensive Cancer Center****Newport Beach, California****July 22-24, 2001****Anti-Aging Conference & Exposition- Chicago Medical Society****Chicago, Illinois****July 13-15, 2001****Lung Cancer Management: Controversies in Cancer****Fountain Valley Regional Hospital****Fountain Valley, California****May 22, 2001****International Conference on Complementary, Alternative, & Integrative  
Medicine Research****Harvard Medical School****University of California, San Francisco****May 17-19, 2001****5th International Symposium - Anti-Aging Medicine****How to Introduce Anti-Aging Into Your Practice****Sponsored by Gianpapa Institute for Anti-Aging Medical Therapy****New Jersey, USA****May 2-3, 2001****8th Annual Principal Investigators Conference****Florida Keys****2001****American Academy of Anti-Aging Medicine****Anti-Aging Therapeutics for The Office Based Physician****Las Vegas, Nevada****December 14-17, 2000****New Integrative Medicine Treatments for Cancer and Chronic Illness  
Through The Foundation For Care Management****Anaheim, California****November 11, 2000****Anti-Aging Conference - Chicago Medical Society****Chicago, Illinois****July 22-23, 2000****3rd International Symposium - Anti-Aging Medicine****The Medicine for the New Millennium****Longevity Institute International****Newark, New Jersey****March 31 - April 2000**

**Cyberknife Frameless Stereotactic Radio Surgery: The next step in the evolution of radio surgery**  
**Newport Diagnostic Center**  
**Newport Beach, California**  
**September 1999**

**Chronic Fatigue Syndrome - AACS Clinical Conference**  
**Massachusetts Medical Society**  
**Cambridge, Massachusetts**  
**October 11, 1998**

**American Association of Clinical Endocrinology**  
**Annual Meeting and Clinical Congress**  
**Orlando, Florida**  
**April 28 - May 3, 1998**

**10th International Congress of Endocrinology (ICE)**  
**San Francisco, California**  
**June 12-15, 1996**

**8th Annual Medical Office Laboratory Conference**  
**San Diego, California**  
**June 2-4, 1995**

**The North American Menopause Society - 4th Annual Meeting**  
**San Diego, California**  
**September 2-4, 1993**

**American Society of Contemporary Medicine & Surgery**  
**Hollywood, Florida**  
**March 9-12, 1989**

**Focus on Infection**  
**Memorial Medical Center of Long Beach**  
**University California Irvine**  
**June 17, 1988**

## **Memberships**

**American Federation for Clinical Research**  
**Present**

**American Academy of Anti-Aging Medicine**  
**Present**

**American Association of Clinical Endocrinologists**  
**Present**

**The International Oxidative Medicine Association**  
**2003**

**European Academy of Quality of Life & Longevity Medicine**  
**January 2002 - December 2002**

**American Nutraceutical Association "ANA"**  
**2001**

**European Anti-Aging Academy**  
**November 2001**

**American Medical Association**  
**2000 - 1990 - 1988 - 1989 - 1991**

**American Academy of General Physicians**  
**August 1996**

**American College of Forensic Examiners**

**Professional scientific involvement as well as the contribution to the field of forensic examination**

**June 26, 1996**

**American Association for the Advancement of Science (AAAS)**

**Extended September 9, 1994**

**American Association for the Advancement of Science (AAAS)**

**Extended September 1993**

The purpose of appointing Foreign Adjunct Professors (FAP) at Karolinska Institutet is to encourage knowledge exchange with teachers, researchers and universities worldwide. This form of appointment aims to facilitate scientific collaboration and to strengthen and enhancing the quality of teaching and research. Foreign Adjunct Professors. The purpose of appointing Foreign Adjunct Professors (FAP) at Karolinska Institutet is to encourage knowledge exchange with teachers, researchers and universities worldwide. This form of appointment aims to facilitate scientific collaboration and to strengthen and enhancing the quality of teaching and research. Dr. Fereshteh Akbarpour, MD is a doctor primarily located in Huntington Beach, CA. They have 42 years of experience. Their specialties include Family Medicine, Internal Medicine. The overall average patient rating of Fereshteh Akbarpour is Great. Fereshteh Akbarpour has been rated by 14 patients. From those 14 patients 1 of those left a comment along with their rating. The overall rating for Fereshteh Akbarpour is 4.0 of 5.0 stars. read reviews Write a Review. Location. Adjunct professor (adjunct lecturer, adjunct instructor, adjunct faculty or contingent academic labor collectively) is a type of academic appointment in higher education. In the United States, an adjunct is a non-tenure-track faculty, though it can also be a scholar or teacher whose primary employer is not the school or department with which they have adjunct status. Adjunct professors make up the majority of instructors in higher education (post-secondary) institutions. Their contracts are generally